



Better ToGather 2023–24 Impact Report



The Gathering Place

216.595.9546

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Dear Friends:

On behalf of The Gathering Place Board of Directors, staff, volunteers and individuals we serve, please accept my gratitude for your support during our 2023-24 fiscal year.

Throughout this Impact Report, you will see how your gift enabled TGP to support, education and empower individuals and families currently coping with the impact of cancer through programs and services provided free of charge.

This past year, nearly 3,600 individuals engaged our services and roughly 1,600 of those individuals were new to TGP. Sadly, the need for TGP's services continues to grow.

As we move into the future, with your continued support, TGP will continue to grow and evolve to meet the needs of the community.

We are better ToGather

Again, I truly thank you for your belief in our mission and your unwavering commitment to keeping our programs free of charge.

We are Better ToGather!



Warmly,

Michele Seyranian

Michele Seyranian
CEO



"I began to feel calmer just pulling into the parking lot. I felt better as soon as I walked in the door. I've always been the strong one in my family taking care of everyone. I don't know how to ask for help and I never wanted to. But coming here has shown me that it's OK to take care of myself. I felt crushed and now I feel lighter and more hopeful. I know that I need to do things for me. I can do that here. This place is a life saver."

- TGP Program Participant

3,566

Number of individuals served in 2023-24

1,561

Number of new participants in 2023-24

14,000

Number of program/service interactions in 2023-24



2023.24 Programs

Attendance (9,269)

Support Groups

• 2,459

Movement/ Exercise

• 4,988

Education

• 528

TGP Kids

• 133

Nutrition

• 651

Creative Arts

• 510

REVIVE in review

The REVIVE Oncology Exercise and Wellness Program supports individuals in a small group setting, as they navigate through post-cancer diagnosis and treatment.

REVIVE'S six-week curriculum focuses on improving function, strength, and endurance post-cancer diagnosis and treatment.

REVIVE includes supervised movement and progressive weight resistance training, nutrition education and stress management skills delivered within a supportive environment designed to provide the opportunity for connection with other survivors.



In partnership with University Hospital's Seidman Cancer Center and under the oversight of Yevgeniya Dvorkin Wininger, MD, the REVIVE Oncology Exercise and Wellness Program expands geographic access to programming in the community setting.

REVIVE
Oncology Exercise and
Wellness Program
University Hospitals
Seidman Cancer Center

**Free 6-week program for those who are in treatment
or have recently completed treatment.**

This program supports individuals in a small group setting, focusing on improving function, strength, and endurance post-cancer diagnosis and treatment.

THE TWICE WEEKLY SESSIONS WILL INCLUDE:

- Movement and Progressive Weight Resistance Training
- Nutrition Education to Support Overall Wellness after Cancer
- Supportive Environment with Opportunities for Connection with Other Survivors

Participation will include a health assessment, screening and orientation session as part of enrollment one week prior to starting the program.

WHEN:

- Orientation: Wednesday, September 4 2:00-4:00pm
- Weekly Sessions: Mondays & Wednesdays, September 9 - October 16 2:00-4:00pm

WHERE:

UH Brunner-Sanden
Dietrich Wellness Center
8655 Market Street
Mentor, OH 44060

To sign up, contact
Sandy Canochan, ATC, PTA
sandy.canochan@uhospitals.org
216-455-1539

A joint program of UH Seidman Cancer Center and The Gathering Place

Did you know...

- Researchers estimate 18% of those diagnosed with cancer and 16% of cancer deaths are related to a combination of poor eating habits, over consumption of alcohol, insufficient physical activity, and being overweight.*
- Research has shown that after quitting smoking, improving your diet and exercise habits are some of the most significant things you can do to lower your risk of developing cancer.*

*Simon, Stacy: Diet, Exercise, and Your Cancer Risk. April 2019. <https://www.cancer.org/latest-news/diet-exercise-and-your-cancer-risk.html>

TGP's Exercise & Nutrition Programs

Being active and eating healthy can have a positive effect during and after treatment. Our nutrition and exercise programs are designed to educate and empower individuals as they embrace new habits for their well-being.

Scan to learn more about
TGP's Exercise & Nutrition Programs



TGP KIDS

in review

TGP Kids promotes the emotional, developmental, and psychosocial well-being of children whose lives have been affected by cancer.

Our programs allow children to create their own space and actually talk about their "BIG Feelings." Our focus is on helping children develop a "feelings vocabulary" and the tools that allow them to express themselves vs. acting out their big feelings.



TGP Kids services include support groups and workshops for children and families dealing with the diagnosis of an adult family member, a sibling, or a personal diagnosis.

Additionally, we provide one-on-one, family consultations, and referral to mental health services when needed.

It is very common for individuals to participate in multiple TGP Kids programs over the course of the year. Our programs and services are tailored to meet their unique needs.

In 2023-24, 133 individuals attended TGP Kids programs.

Prevalence of Cancer in Children

According to the most recent Ohio Cancer Incidence Surveillance System report, in the US, cancer is the second leading cause of death among children ages 1 to 14 years in the US, surpassed only by accidents.

It is estimated that in the US, 11,060 new cancer diagnoses will annually occur, and annually, 1,190 cancer deaths will occur among children.

Additionally, 5,000 adolescents will be diagnosed annually and about 600 deaths from cancer will occur.

The types of cancer that develop in children and adolescents differ from those that develop in adults.

Overall, in the US, for children and adolescents, the most common types of cancer are leukemias, brain and central nervous system tumors, and lymphomas.

In Ohio, on average nearly 600 new cancer cases are diagnosed, and 60 cancer deaths occurred each year among children and adolescents.

Scan to learn more about TGP Kids



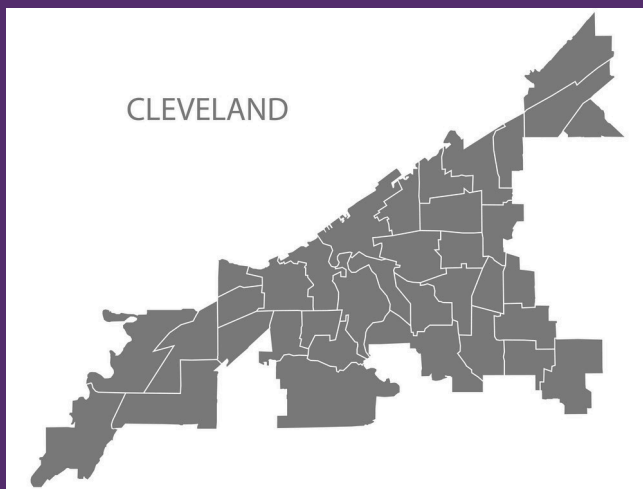
TGP in CLE *in review*

In 2021, TGP embarked on a listening tour in Cleveland's Ward 5. Through this we took a deep dive into data, behavior, history and got personal – we talked with the residents. We learned about the barriers that prevented them as well as many from underserved communities, from accessing our programing and services. We learned that we needed to become a regular presence in the community to earn trust and best serve their community.



We took what we learned in Ward 5 and worked in collaboration with Community Leaders and Organizations to develop TGP in CLE, a program that brings our vital cancer support program and services to the 2,000 City of Cleveland residents who are diagnosed with cancer each year.

Since launching TGP in CLE in June of 2022, TGP has served over 2,400 City of Cleveland residents



Cleveland

Cleveland's over 368,000 residents live in one of 17 Wards spaced over 77 square miles.

Cancer in Cleveland

Annually, more than 2,000 people in Cleveland are diagnosed with cancer. That is 9.5% higher than the Ohio diagnosis rate and 11% higher than the national diagnosis rate.

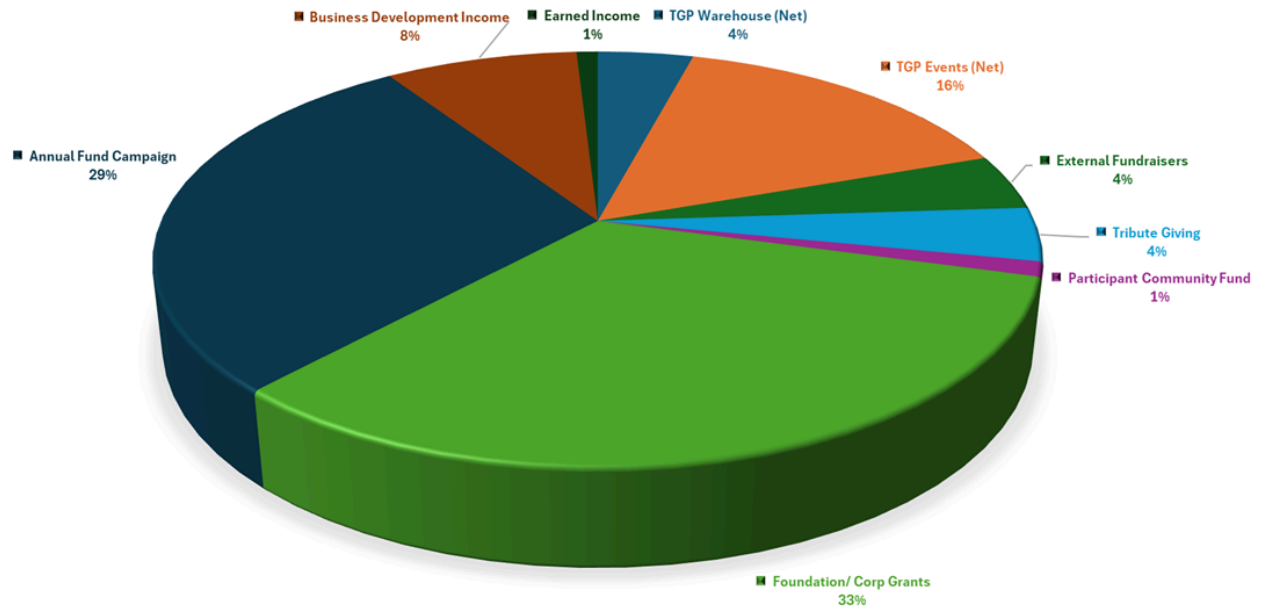
Lung & Bronchus, Breast, Prostate, and Colon & Rectum are the most commonly diagnosed cancers in Cleveland.

Scan to learn more about TGP in CLE



Support

2023-24 Philanthropic and Earned Revenue



TGP Warehouse (Net)	\$97,294.90	Participant Community Fund	\$26,806.75
TGP Events (Net)	\$361,814.49	Annual Fund Campaign	\$675,307.78
External Fundraisers	\$102,053.66	Business Development Income	\$196,313.82
Tribute Giving	\$98,219.49	Earned Income	\$21,723.57
Foundation/ Corp Grants	\$764,267.04	Total Revenue	\$2,343,801.50

“Their programming gives you something to look forward to.
The Gathering Place reminds you how to live.
It brings joy into a very dark place.”
–TGP Program Participant

We'd like to thank all
our donors for your
generous support

*Without you,
there is no us*



FACING CANCER • EMBRACING LIFE

Our Mission

The Gathering Place is a caring community that supports, educates, and empowers individuals and families currently coping with the impact of cancer through programs and services provided free of charge.

www.touchedbycancer.org