

Fall

2022

OCTOBER • NOVEMBER • DECEMBER

FREE CANCER SUPPORT FOR THE ENTIRE FAMILY

Now online and in-person



FACING CANCER • EMBRACING LIFE

WELCOME!

New to The Gathering Place? Start here! Meet with a staff member to explore our FREE programs and services. Visit touchedbycancer.org/welcome to begin.

VIRTUAL WELCOMING ORIENTATION IS EVERY MONDAY AT 6:30PM

Please call 216-455-1517 (East) or 216-455-1512 (West) to schedule an in-person Welcoming Orientation.

OPEN HOUSES

Join us for refreshments and reconnect with our staff and old friends in person between 4:00-6:00pm:

TGP EAST: FRIDAY, OCTOBER 21

TGP WEST: FRIDAY, OCTOBER 28

The Gathering Place's mission is to provide a caring community that supports, educates and empowers individuals and families currently coping with the impact of cancer through programs and services

provided free of charge.



What a year it has been! Once again, COVID challenged all of us to be mindful of how and where we spent our time. The Gathering Place, in following the CDC guidelines, was able to finally open our doors in May to our participants and community members.

Now that we are open again, we invite you to join us for in person programming or just to stop in to say hello. In the Program Guide we will continue to provide program options for our participants either in person, virtually or hybrid. It is your choice to choose which option works best for you.

This quarter we plan on hosting Welcome Back to TGP Open Houses where we welcome you to join us for refreshments and reconnect with our staff and old friends in person. Join us on October 21 (East) or October 28 (West) Open Houses from 4:00-6:00pm. Also, beginning in November we will be open for drop-ins one Saturday per month on each side of town.

It's hard to believe that we have entered the fourth quarter of the year. A season filled with beautiful colors, a time to give thanks and reflect on things that are important to us. As I look back on this year, I am so grateful to our participants and their families for trusting us to provide support, to our volunteers, staff, and Board who never waiver in their commitment to our mission and to our donors, supporters and community who make our work possible.

Look forward to seeing you!



warm regards,
MICHELE SEYRANIAN
CEO

TOGETHER AGAIN

As we return to in-person programs, please refer to the icons in this key throughout the Program Guide.



VIRTUAL



WELLNESS CENTER



BEACHWOOD



OFF SITE



WESTLAKE

If you see more than one icon grouped together, it means the program is in person at one of our locations, and is also offered virtually. Note all programs are EDT time. If you have additional questions, please contact Beth Bennett, Chief Program Officer, at 216-455-1517.

OUR OFFICES

We are available by phone at 216-595-9546, Monday through Friday from 9:00am-5:00pm.

For a complete list of programs and to register, visit touchedbycancer.org/calendar.

THE GATHERING PLACE EAST

The Arnold & Sydel Miller Family Campus
23300 Commerce Park, Beachwood, OH 44122

THE GATHERING PLACE WEST

The Sandy Borrelli Center
25425 Center Ridge Road, Westlake, OH 44145

WELLNESS CENTER

Richman Family Wellness Center
23295 Commerce Park, Beachwood, OH 44122

MEET THE CLINICAL TEAM



BETH BENNETT

PT, RDN, LD, MS, MA
Chief Program Officer
bennett@touchedbycancer.org
216-455-1517



SANDY CONOCHAN

ATC, PTA
conochan@touchedbycancer.org
216-455-1529



STEPHANIE HOPKINS

MS, RDN, LD
hopkins@touchedbycancer.org
216-455-1525



SYDNEY BEEMAN

MA, NCC, LPC
beeman@touchedbycancer.org
216-455-1520



BRITTANI DAVIS

MA, LPCC-S, LICDC
davis@touchedbycancer.org
216-455-1528



SUSAN MARINAC

MSSA, LISW-S
marinac@touchedbycancer.org
216-455-1512



STEPHEN CERNE

NSCA-CPT, ACSM/ACS-CET
cerne@touchedbycancer.org
216-455-1503



MARY FISHER-BORNSTEIN

LISW-S
bornstein@touchedbycancer.org
216-455-1506



ANDREA SONNIE

LISW-S, OSW-C
sonnie@touchedbycancer.org
216-455-1521



EILEEN COAN

MA, MLS
coan@touchedbycancer.org
216-455-1504



ADELLE GATES

MA, CCLS
gates@touchedbycancer.org
216-455-1523

ONGOING EXERCISE PROGRAMS

BALANCE FOR IMPROVED FUNCTION

Exercise class that builds on balance, stability and body awareness.

WEDNESDAYS: 12:30-1:00PM
 Stephen Cerne, NSCA-CPT, ACSM/ACS-CET

CORE FOR MORE STABILITY & BALANCE

The "Core" is made up of muscles that are responsible for proper posture, efficient, functional movement, balance, and stability.

TUESDAYS: 1:00-1:30PM
 Stephen Cerne, NSCA-CPT, ACSM/ACS-CET

EXERCISE CLASSES (FOR THOSE DIAGNOSED WITH CANCER)

Comprehensive strength, endurance, balance, and flexibility routine for those in cancer treatment or dealing with side effects from treatment.

MONDAYS: 6:00-7:00PM
TUESDAYS 12:00-12:45PM
TUESDAYS 12:00-12:45PM
THURSDAYS: 12:00-12:45PM
THURSDAYS: 12:00-12:45PM
THURSDAYS: 6:00-7:00PM

ONGOING SUPPORT GROUPS

TGP offers virtual and in-person support groups. Our support groups for adults are listed below.
 - Children and Family support groups are featured on page 6. **Please contact the group facilitator to register and for more information.**

ALL CANCERS

GROUP FOR ADULTS WITH CANCER
 Mondays: 6:30-8:00pm
 Brittani Davis, MA, LPCC-S, LICDC
 216-455-1528

GROUP FOR ADULTS WITH CANCER
 Tuesdays: 6:30-8:00pm
 Andrea Sonnie, LISW-S, OSW-C
 216-455-1521

GROUP FOR CAREGIVERS
 Mondays: 6:30-8:00pm
 Susan Marinac, MSSA, LISW-S
 216-455-1512

GROUP FOR CAREGIVERS
 Tuesdays: 6:30-8:00pm
 Sydney Beeman, MA, NCC, LPC
 216-455-1520

GROUP FOR OLDER ADULTS WITH CANCER
 3rd Fridays: 11:00am-12:30pm
 Brittani Davis, MA, LPCC-S, LICDC
 216-455-1528

GROUP FOR YOUNG ADULTS WITH CANCER
 4th Thursdays: 6:30-8:00pm
 Sydney Beeman, MA, NCC, LPC
 216-455-1520

LIFE AFTER CANCER TREATMENT GROUP
 2nd Thursdays: 6:30-8:00pm
 Sydney Beeman, MA, NCC, LPC
 216-455-1520

SISTER CIRCLE: FOR AFRICAN AMERICAN WOMEN WITH CANCER
 1st Thursdays: 6:30-8:00pm
 Sydney Beeman, MA, NCC, LPC
 216-455-1520

All exercise programs are virtual, unless otherwise noted. Health and fitness screening required before attending any movement class.

OPEN GYM

Attend an orientation and work out on your own.

THURSDAYS: 9:00-11:00AM

RESTORATIVE MOTION

A slow flow stretching and yoga-based program.

FRIDAYS: 12:30-1:00PM
 Stephen Cerne, NSCA-CPT, ACSM/ACS-CET

QIGONG-TAI CHI WITH JEANNIE KORAN

Reduce stress & improve balance.

SATURDAYS: 10:00-11:00AM

YOGA WITH LISA THIEL

A gentle flow class appropriate for all levels.

TUESDAYS: 10:00-11:00AM
SATURDAYS: 9:00-10:00AM
 * For Yoga in Westlake see page 5

ZUMBA

Move at your own pace while dancing to Latin rhythms in this low impact, low intensity class.

MONDAYS: 11:00-11:45AM

VIRTUAL
 BEACHWOOD
 WESTLAKE

CANCER SPECIFIC

BREAST CANCER SUPPORT GROUP - DAY
 3rd Mondays: 2:00-3:30pm
 Brittani Davis, MA, LPCC-S, LICDC
 216-455-1528

BREAST CANCER SUPPORT GROUP - EVENING
 4th Thursdays: 6:30-8:00pm
 Sydney Beeman, MA, NCC, LPC
 216-455-1520

GROUP FOR WOMEN WITH GYNECOLOGIC CANCERS (NON-OVARIAN) ***NEW DAY**
 3rd Thursdays: 6:30-8:00pm
 Susan Marinac, MSSA, LISW-S
 216-455-1512

METASTATIC BREAST CANCER GROUP
 3rd Tuesdays: 6:30-8:00pm
 Mary Fisher-Bornstein, LISW-S
 216-455-1506

MYELOMA GROUP
 1st Mondays (every other month): 5:30-7:00pm
 Mary Fisher-Bornstein, LISW-S
 216-455-1506

ORAL, HEAD AND NECK CANCER GROUP
 2nd Mondays: 3:30-4:30pm
 Brittani Davis, MA, LPCC-S, LICDC
 216-455-1528

OVARIAN CANCER SUPPORT GROUP ***NEW LOCATION**
 3rd Wednesdays: 2:00-3:30pm
 Susan Marinac, MSSA, LISW-S
 216-455-1512

PANCREATIC CANCER GROUP ***NEW DAY**
 4th Tuesdays: 3:30-4:30pm
 Sydney Beeman, MA, NCC, LPC
 216-455-1520

INDIVIDUAL SERVICES

Medical research, resources, legal consultations, medical bill questions and transportation:

EILEEN COAN, MA, MLS
 216-455-1504

Individual Short-Term Cancer Focused Emotional Support

SUSAN MARINAC, MSSA, LISW-S
 216-455-1512

Children and Family/Parent Consultations

ADELLE GATES, MA, CCLS
 216-455-1523

Nutrition and Exercise Consultations

SANDY CONOCHAN, ATC, PTA
 216-455-1529

Wig Salon

DIANE WEINER, CVA
 216-455-1508

VIRTUAL WELCOMING ORIENTATION IS EVERY MONDAY AT 6:30PM

Please call 216-455-1517 (East) or 216-455-1512 (West) to schedule an in-person Welcoming Orientation.

PROSTATE PARTNERS GROUP

2nd Thursdays:
 Information Session: 5:15-6:15pm
 Group: 6:30-8:00pm
 Mary Fisher-Bornstein, LISW-S
 216-455-1506

3rd Tuesdays:
 Information Session: 5:15-6:15pm
 Group: 6:30-8:00pm
 Brittani Davis, MA, LPCC-S, LICDC
 216-455-1528

YOUNG WOMEN WITH BREAST CANCER GROUP
 1st Tuesdays: 6:30-8:00pm
 Susan Marinac, MSSA, LISW-S
 216-455-1512

GRIEF & LOSS

ADULT GRIEF SUPPORT
 2nd Tuesdays: 2:00-3:30pm
 Brittani Davis, LPCC-S, LICDC
 216-455-1528

ADULT GRIEF SUPPORT
 4th Tuesdays: 6:30-8:00pm
 Brittani Davis, LPCC-S, LICDC
 216-455-1528

ADULT GRIEF SUPPORT
 2nd & 4th Tuesdays: 6:30-8:00pm
 Mary Fisher-Bornstein, LISW-S
 216-455-1506

GRIEF: WHEN, WILL IT END?
 3rd Wednesdays: 11:00am-12:00pm
 Mary Fisher-Bornstein, LISW-S
 216-455-1506

INFORMATION & EDUCATION

PROGRAM LOCATION KEY:

 VIRTUAL  BEACHWOOD  WESTLAKE  WELLNESS CENTER  OFF SITE ALL PROGRAMS ARE EDT TIME



ROUNDTABLE DISCUSSION FOR THOSE NEWLY DIAGNOSED WITH CANCER

Feeling overwhelmed with your new cancer diagnosis? You are not alone. Share with others and learn how to navigate the challenges. Includes information on important questions to ask your physician.

SUSAN MARINAC, MSSA, LISW-S

THURSDAY, OCTOBER 6, 12:00-1:00PM  

AFTER GOODBYE

A program for those who have lost a loved one due to cancer within the last two years. We will honor those we have lost by doing readings and rituals to remember them. Please bring a picture of your loved one.

MARY FISHER BORNSTEIN, LISW-S

BEV SOGGS, MA, CCLS

THURSDAY, OCTOBER 6, 6:30-7:30PM 

FINDING MEANING AND CREATING LEGACY

Every person has a unique experience with cancer. Finding meaning through a cancer diagnosis can help patients cope with challenges and limitations they face along the way. Explore meaning and create a story of legacy using vision boarding and small group discussion.

AMELIA BAFFA, MSN, APRN, PMHNP-BC
WHITNEY HADLEY, MA, MSW, LSW

TUESDAY, OCTOBER 11, 6:00-7:30PM 

DEMYSTIFYING CANCER RESEARCH

Hear an overview of the cancer research enterprise and learn about the focus on some of the newest advancements coming out of the cancer research efforts at the Case Comprehensive Cancer Center and from around the country.

MARK JACKSON, PHD

WEDNESDAY, OCTOBER 12, 6:30-7:30PM 

HOW TO TALK ABOUT CANCER

According to the U.S. Department of Health and Human Services, African Americans have the highest mortality rate of any racial and ethnic group for all cancers combined. Learn how to talk about, normalize, and take your power back from the "C" word to best navigate the healthcare systems for yourself and/or loved ones. Resources provided.

SYDNEY BEEMAN, MA, NCC, LPC

WEDNESDAYS: 3:00-4:00PM
OCTOBER 19, NOVEMBER 16, DECEMBER 14 

Location: Friendly Inn, 2386 Unwin Rd,
Cleveland, OH 44104

PUTTING RESEARCH INTO ACTION STEPS

MARINA VLADOVA, MED, MPH, NARRATIVE
MEDICINE FACILITATOR

PART ONE: THE ROLE OF NARRATIVE MEDICINE IN CANCER CARE

WEDNESDAY, OCTOBER 19, 6:30-7:30PM 

Narrative medicine in cancer care uses literary arts (i.e., poetry, film, photography) to support cancer patients and caregivers. It may help decrease stress, fatigue and isolation and it cultivates curiosity, empathy, and builds personal capacity to process one's own journey.

PART TWO: CREATIVE WRITING WORKSHOP

WEDNESDAY, OCTOBER 26, 6:30-7:30PM 

Open to anyone impacted by cancer interested in learning more about narrative medicine. No creative writing experience required; all materials provided.

THE IMPACT OF COLON CANCER IN THE BLACK AND BROWN COMMUNITY

Join this discussion on the impact of colon cancer in the African American and Hispanic Community. Information on prevention, screening, clinical trials and treatment updates discussed. Cancer support resources included.

MELISSA TIMES, MD

THURSDAY, OCTOBER 27, 6:30-7:30PM 

CHANGING THOUGHT PATTERNS TO REDUCE SUFFERING

Recognize thought patterns and learn alternative ways to think to help calm emotions during your cancer journey.

KERRI MAZZONE, LISW-S

WEDNESDAY, NOVEMBER 2, 6:30-8:00PM 

THE ROLE OF GAMMA KNIFE RADIOSURGERY FOR PRIMARY AND METASTATIC BRAIN TUMORS

Learn how Gamma Knife is used in the treatment of brain cancer and cancer metastasis.

DR. GLEN STEPHENS, DO, PhD, FAAN

THURSDAY, NOVEMBER 3, 6:30-8:00PM 

CANCER AND TRAUMA-INFORMED STRESS COPING

Let's talk about the unexpected trauma of cancer. Through case examples, we will explore what trauma may look like for a person with cancer and their caregivers/supports. You will leave having identified ways to manage and cope with trauma and will receive additional support resources.

BRITTANI DAVIS, MA, LPCC-S, LICDC

ANDREA SONNIE, LISW-S, OSW-C

WEDNESDAY, NOVEMBER 9, 6:30-8:00PM 

DECLUTTER YOUR MIND & SPACE

When cancer enters your life, you may feel the need to get organized. This can include dealing with all the things you have accumulated over the years. This program will teach you ways to declutter and organize.

CHRIS LOTENERO, BA & PEG SHUMATE, BA

THURSDAY, NOVEMBER 10, 6:30-8:00PM 

THE ROLE OF INTEGRATIVE MEDICINE IN CANCER CARE

Learn about the patient-centered, evidence informed field of comprehensive cancer care that uses lifestyle modifications, mind-body practices, and natural products alongside conventional cancer treatment. Resources provided.

NAOKI UMEDA, MD

FRIDAY, NOVEMBER 11, 12:00-1:00PM 

COPING WITH THE HOLIDAYS

Dealing with a cancer diagnosis can make holidays more difficult. Learn strategies to help ease stress and appreciate the joy of the holidays.

MARY FISHER BORNSTEIN, LISW-S

THURSDAY, NOVEMBER 17, 6:30-7:30PM 

UPDATES ON THE SURGICAL TREATMENT OF BREAST CANCER RELATED LYMPHEDEMA

Cancer-related lymphedema may be prevented or treated through specialized surgical techniques. This approach, called microsurgery, involves working with delicate instruments under a microscope to redirect or reconnect small lymphatic and blood vessels. Resources provided.

STEPHANIE VALENTE, DO, FACS

STEVEN BERNARD, MD

WEDNESDAY, NOVEMBER 30, 6:30-8:00PM 

COPING WITH HOLIDAY GRIEF

Support for those who have had a recent loss due to cancer. Learn tips on how to cope with grief during the holidays.

SUSAN MARINAC, MSSA, LISW-S

THURSDAY, DECEMBER 1, 1:00-2:00PM 

FLAT & HAPPY BOOK EVENT WITH CANCER BRIDGES



Community Event!

Meet author Katrin Van Dam as she discusses her book Flat and Happy: Mastectomy and Flat Closure – A Personal, Practical Guide.

KATRIN VAN DAM & CANCER BRIDGES STAFF

THURSDAY, DECEMBER 1, 6:30-8:00PM 

NUTRITION & EXERCISE

For more exercise classes see Ongoing Exercise Programs on page 3.

PROGRAM LOCATION KEY:

 VIRTUAL  BEACHWOOD  WESTLAKE  WELLNESS CENTER  OFF SITE ALL PROGRAMS ARE EDT TIME



DIET AND BRAIN HEALTH

Cancer survivors may be challenged by memory loss, forgetfulness, confusion, and lack of concentration. Coping with cognitive changes can include various self-help strategies such as exercise, rest, brain games and eating well. Join this cooking class to review what eating well means in the context of brain health.

STEPHANIE HOPKINS, MS, RDN, LD

SATURDAY, OCTOBER 1, 10:00-11:00AM 

SATURDAY, OCTOBER 1, 12:00-1:30PM 

WEDNESDAY, OCTOBER 5, 6:00-7:30PM 

YOGA4CANCER

A 4-week series incorporating slow flow yoga and Nidra meditation techniques.

ANGIE GIALLOURAKIS, PHD, MED, Certified Yoga4Cancer Teacher, Co-Founder

STEVEN G. Cancer Foundation & Elephants and Tea

TUESDAYS: 6:00-7:00PM 
OCTOBER 4, 11, 18, 25

WHOLE FOOD LIFESTYLE CHECK-IN

Join this monthly discussion on what a healthy lifestyle means for cancer survivors. We will share recipes and resources as we review the latest research around cancer and nutrition.

STEPHANIE HOPKINS, MS, RDN, LD

FRIDAY, OCTOBER 14, 11:00AM-12:00PM  

FOUNDATIONS OF AQUATIC EXERCISE

In this 5-part series, participants will explore different ways to exercise in an aquatic environment to build strength, endurance, and improve balance after cancer treatment. A session on deep water exercise will be included. Each class will focus on a different topic related to aquatic exercise. Participants are encouraged but not required to complete all five classes in the series.

JOY NOWELS, EXERCISE SPECIALIST, ACSM Certified, Ai Chi Certified, Arthritis Foundation Certified Aquatic Program Leader

Location: Peter B. Lewis Aquatic & Therapy Center, 27300 Cedar Rd, Cleveland, OH 44122

AQUATIC PRINCIPLES

FRIDAY, OCTOBER 14, 2:00-3:00PM 

ENDURANCE TRAINING

FRIDAY, OCTOBER 21, 2:00-3:00PM 

STRENGTH TRAINING

FRIDAY, OCTOBER 28, 2:00-3:00PM 

BALANCE TRAINING

FRIDAY, NOVEMBER 4, 2:00-3:00PM 

DEEP WATER TRAINING

FRIDAY, NOVEMBER 11, 2:00-3:00PM 

BACK TO BASICS: WITH BANDS

Add variety to your exercise regimen with the use of lightweight and versatile resistance bands. Learn tips and variations of exercises to spice up a stagnant, repetitive routine.

STEPHEN CERNE, BS, NSCA-CPT, ACSM/ACS-CET

MONDAY, OCTOBER 17, 12:30-1:30PM 

BALANCE AND VERTIGO AFTER CANCER TREATMENTS

Feeling dizzy or lightheaded, as well as other balance issues may be a result from cancer treatments. Learn more about what may be causing your balance or vertigo problems, as well as some helpful tips to help address balance and vertigo during and after cancer treatment.

ERAN SHILOH, PT

TUESDAY, OCTOBER 18, 6:30-7:30PM  

PHYSICAL THERAPY SCREENING

Sign up to meet one-to-one for a 30-minute screening to assess your physical function, fall risk, and address any other individual questions or concerns related to physical health during and after cancer treatment. Recommendations and resources provided.

MICHAEL GROESCH, PT, DPT
Board-Certified Clinical Specialist in
Orthopedic Physical Therapy

MONDAYS: 2:00-5:00PM 
OCTOBER 17, NOVEMBER 14, DECEMBER 5

SHELLEY ALBERT, PT, DPT
Board Certified Clinical Specialist in Orthopedic
Physical Therapy and Certified in REVITAL
Oncology Rehabilitation

SATURDAYS: 12:00-2:00PM 
OCTOBER 22, DECEMBER 17

YOGA SERIES

An 8-week yoga series where all levels are welcome including beginners. This series is designed to reduce stress and increase flexibility.

CHRISTINA CARROLL, RYT 500


TUESDAYS: 6:00-7:00PM 
NOVEMBER 1, 8, 15, 22, 29
DECEMBER 6, 13, 20

HEALTHY HOLIDAY APPETIZERS

Making healthy choices around the holidays can be challenging. With the right balance of plant-based ingredients, you can enjoy the holidays in a healthy way. Try new appetizer recipes that are both delicious and nutritious.

LAUREN TUROFF, PT, DPT, RD, LD

WEDNESDAY, NOVEMBER 2, 3:00-4:00PM 

6:00-7:30PM 

SATURDAY, NOVEMBER 5, 12:00-1:30PM 

PUSH & PULL: EXERCISE SIMPLIFIED

Research has shown the most effective way to work muscle groups is in a push-pull fashion. Learn how to pair muscle groups for a more efficient workout, saving time, improving balance and correcting compensation.

STEPHEN CERNE BS, NSCA-CPT, ACSM/ACS-CET

TUESDAY, NOVEMBER 15, 6:00-7:00PM 

CLEVELAND DANCE PROJECT: MINDFULNESS & MOVEMENT

Dancing and journaling have been shown to improve both our physical and mental health. This class, created by their company's physical therapist, helps participants explore movement to find a release for emotions, and an escape from the daily stressors and anxieties of life. No experience necessary, adaptations to movement will be available for those who are more comfortable seated.

ANNA CERVENY, DPT, DIRECTOR CLEVELAND DANCE PROJECT

SATURDAY, DECEMBER 10, 2:30-4:00PM 

“

This was the missing piece for me.

PARTICIPANT ATTENDING EXERCISE CLASSES & OPEN GYM

CANCER SPECIFIC PROGRAMS

See Support Groups
on page 3 for more
cancer specific options

PROGRAM LOCATION KEY:

 VIRTUAL  BEACHWOOD  WESTLAKE  WELLNESS CENTER  OFF SITE ALL PROGRAMS ARE EDT TIME

PROSTATE PARTNERS' PARTNERS

A group discussion for the partners of men diagnosed with prostate cancer.

MARY FISHER BORNSTEIN, LISW-S
BRITTANI DAVIS, LPCC-S, LICDC

THURSDAY, OCTOBER 13, 5:15-6:15PM 

TUESDAY, OCTOBER 18, 5:15-6:15PM  

HIGH RISK BREAST HEALTH

Listen to experts in high-risk breast health as they discuss the Oncology Clinical Practice Guidelines from the National Comprehensive Cancer Network on breast cancer detection, prevention, and risk reduction. Resources provided.

HEIDI GOODWIN, APRN, MSN, CNP,
CNM, CBCN
JOY KNIGHT, MS

THURSDAY, OCTOBER 20, 6:30-7:30PM 

THE IMPACT OF COLON CANCER IN THE BLACK AND BROWN COMMUNITY

Join this discussion on the impact of colon cancer in the African American and Hispanic Community. Information on prevention, screening, clinical trial, and treatment updates discussed. Resources provided.

MELLISSA TIMES, MD

THURSDAY, OCTOBER 27, 6:30-7:30PM 

PROSTATE PARTNERS

TOPIC: RELATIONSHIPS AND INTIMACY

MARY FISHER-BORNSTEIN, LISW-S
BRITTANI DAVIS, MA, LPCC-S, LICDC

THURSDAY, OCTOBER 13, 6:30-8:00PM 

TUESDAY, OCTOBER 18, 6:30-8:00PM  

TOPIC: EXERCISE TO FIGHT FATIGUE

STEPHEN CERNE, B.S., NSCA-CPT,
ACSM/ACS-CET

THURSDAY, NOVEMBER 10, 6:30-8:00PM  

TUESDAY NOVEMBER 15, 6:30-8:00PM  

TOPIC: NETWORKING AND HAPPY HOUR

THURSDAY, DECEMBER 8, 6:30-8:00PM 

TUESDAY, DECEMBER 20, 6:30-8:00PM 

PROSTATE CANCER INFO SESSION

For those who have been diagnosed with prostate cancer within the last six months. This program takes place before each monthly Prostate Partners group.

TUESDAYS: 5:15-6:15PM  THURSDAYS: 5:15-6:15PM 

MYELOMA GROUP

TOPIC: EXERCISE TO FIGHT FATIGUE

MARY FISHER-BORNSTEIN, LISW-S
STEPHEN CERNE, BS, NSCA-CPT, ACSM/ACS-CET
STEVIE GUTIN, RN

MONDAY, NOVEMBER 7, 5:30-7:00PM  

YOUNG ONSET COLON CANCER: WHAT TO KNOW

Colon cancer is the fastest growing cancer in adults under 50. Learn about symptoms, screenings and current treatment updates. Resources provided.

DAVID LISKA, MD
CAROLE MACARON, MD
ANDREA SONNIE, LISW-S, OSW-C

THURSDAY, DECEMBER 8, 6:30-8:00PM 

CHILDREN, TEEN & FAMILY

Registration required for all children and family programs.
Please contact Adelle Gates, MA, CCLS at 216-455-1523.

CONNECTIONS: SUPPORT FOR FAMILIES AFFECTED BY CHILDHOOD CANCER

This interactive and creative group is designed to connect and support the entire family (caregivers, children, and siblings) in coping with the impact of cancer. Families can also connect with each other to know they are not alone in this experience.

ADELLE GATES, MA, CCLS

THEME: MASK MAKING: WHAT WE HIDE AND REVEAL

SATURDAY, OCTOBER 8, 10:00-11:00AM  

THEME: BOOK FOLDING: EXPLORING OUR STORY

SATURDAY, NOVEMBER 12, 10:00-11:00AM  

THEME: MAKING MUSIC

SATURDAY, DECEMBER 10, 10:00-11:00AM 

COPING WITH CHILDHOOD CANCER

Pediatric cancer impacts each family member in a different way. This presentation and discussion will help caregivers find ways to guide family coping more effectively.

KATE ESHELMAN, PsyD

THURSDAY, OCTOBER 13, 6:30-7:30PM 

BRIDGES GRIEF GROUP FOR FAMILIES

Group for parents, children and teens who have experienced a death of an adult loved one from cancer. Includes expressive, age specific, group activities and a concurrent support group for parents.

MONDAYS: 6:30-7:30PM 
OCTOBER 3, NOVEMBER 7, DECEMBER 5

FIGHTING FATIGUE WITH FITNESS

For children with cancer or children with a family member or friend with cancer. Find your inner ninja as you learn how to navigate obstacles on American Ninja Warrior style courses. Includes structured instruction and free play.

SANDY CONOCHAN, ATC, PTA

THURSDAY, OCTOBER 27, 6:00-8:00PM 

Location: Adrenaline Monkey, 26800
Renaissance Pkwy, Cleveland, OH 44128

KIDSHOP/TEENSHOP

Workshop for children and teens who have an adult family member with cancer. Utilizing art, play and discussion, children, teens and their parents interact with families in similar situations.

THEME: WARMING YOUR HEART

MONDAY, OCTOBER 10, 6:30-7:30PM 

THEME: GRATITUDE FAMILY PLAQUES

MONDAY, NOVEMBER 14, 6:30-7:30PM 

THEME: TELLING YOUR FAMILY STORY

MONDAY, DECEMBER 12, 6:30-7:30PM 



Carter enjoyed her experience at camp; she has been practicing coping and relaxation skills.

ANIMAL CAMP PARTICIPANT

YOUNG ADULTS

PROGRAM LOCATION KEY:





ALL PROGRAMS ARE EDT TIME



GROUP FOR YOUNG WOMEN WITH BREAST CANCER

Monthly support for women in their 20's, 30's and 40's diagnosed with breast cancer.

SUSAN MARINAC, MSSA, LISW-S

TUESDAYS:
OCTOBER 4
NOVEMBER 1
DECEMBER 6
6:30-8:00PM  

GROUP FOR YOUNG ADULTS WITH CANCER

Program for young adults in their 20's, 30's and 40's surviving cancer. Opportunities provided for social networking and creative outlets to assist with coping.

SYDNEY BEEMAN, MA, NCC, LPC

TOPIC: FIGHTING FATIGUE WITH FITNESS

THURSDAY, OCTOBER 27, 6:00-8:00PM 

Location: Adrenaline Monkey, 26800 Renaissance Pkwy, Cleveland, OH 44128

TOPIC: GRATITUDE

THURSDAY, NOVEMBER 17, 6:00-7:30PM 

Location: CMA Community Arts Center, 2937 W. 25th St, Cleveland, OH 44113



“

You've helped us so much over the past year and we are so grateful.

TGP PARTICIPANT

CREATIVE ARTS & MEDITATION



ART THERAPY: WORKING WITH ALCOHOL INKS

Work with the medium of alcohol inks to create beautiful designs, increase relaxation and reduce stress. Both day and evening sessions available (choose only one session, day or evening).

MAUREEN MOSES, MA, ATR-BC

TUESDAY, OCTOBER 11, 1:00-2:30PM 

TUESDAY, OCTOBER 11, 6:00-7:30PM 

HORTICULTURE THERAPY: TOPIARY

Using a simple wire bending process, create a topiary frame to support a plant and inspire new growth in yourself too. Participants will receive everything they need to create a tabletop ivy topiary.

KAREN KENNEDY, HTR

THURSDAY, OCTOBER 20, 6:00-7:30PM 

TUESDAY, OCTOBER 25, 6:00-7:30PM 

SINGING BOWLS (SOUND BATH)

Immerse yourself in the healing power of sound on this relaxing journey using the highest-grade Crystal Alchemy Singing Bowls. This full body relaxation experience will help with stress, tension, sleeplessness, anxiety, depression, grief, physical pain, and more.

BECKY HOPP, CERTIFIED SOUND HEALER

FRIDAY, OCTOBER 28, 11:00AM-12:00PM  

FRIDAY, DECEMBER 16, 11:00AM-12:00PM  

WRITING THE VIRTUAL WAY

Writing workshop for adults coping with cancer. Join others on screen following simple writing prompts and sharing only as much or little as you want.

EILEEN COAN, MA, MLS

WEDNESDAY, NOVEMBER 16, 6:30-7:30PM 

DRUMMING FOR HEALTH

Community drum circle for individuals diagnosed with cancer and their family members. No experience necessary. Drums are provided.

SUSAN MARINAC, MSSA, LISW-S

WEDNESDAY, NOVEMBER 30, 6:30-7:30PM 

GIFT OF TOUCH

Learn how hand massage can decrease stress. This is an easy, fun way to reduce your own stress or help someone else. Come on your own or bring someone with you.

MARY FISHER BORNSTEIN, LISW

THURSDAY, DECEMBER 1, 6:30-7:30PM 

STAINED GLASS ART PROJECT

December is filled with holidays in many religions that celebrate light. Explore the symbolism of light while making a painting with water and glue that resembles a stained-glass window.

EILEEN COAN, MA, MLS

WEDNESDAY, DECEMBER 7, 6:30-7:30PM 

WEDNESDAY, DECEMBER 14, 6:30-7:30PM 

GUIDED MEDITATION

Learn and practice basic meditation techniques to manage stress in the comfort of your own home during these virtual sessions.

EILEEN COAN, MA, MLS

TUESDAYS: 6:30-7:15PM 

OCTOBER 4 & 18

NOVEMBER 1 & 15

DECEMBER 6 & 20

“

I can't thank you enough for the care you took with my sister. The wig is beautiful and I know she will appreciate it immensely as she goes through her chemo treatment.

TGP PARTICIPANT

OCTOBER

PROGRAM CALENDAR

ALL PROGRAM TIMES ARE EDT

CHECK PAGES 3-7 FOR PROGRAM LOCATION
AND VIRTUAL AVAILABILITY

ADVANCE REGISTRATION REQUIRED.

216-595-9546

TOUCHEDBYCANCER.ORG/CALENDAR



Scan the QR code with
your smartphone
camera to register for
our upcoming programs
and events.

MON	TUES	WED	THUR	FRI	SAT
					1 9:00AM Yoga 10:00AM Qigong-Tai Chi 10:00AM Diet & Brain Health 12:00PM Diet & Brain Health
3 11:00AM Zumba 6:00PM Exercise 6:30PM Adults with Cancer Group 6:30PM Caregiver Group 6:30PM Welcoming Orientation 6:30PM Bridges	4 10:00AM Yoga 12:00PM Exercise 1:00PM Core for More 6:00PM Yoga4Cancer 6:30PM Adults with Cancer Group 6:30PM Caregiver Group 6:30PM Young Women with Breast Cancer 6:30PM Guided Meditation	5 12:30PM Balance for Improved Function 6:00PM Diet & Brain Health	6 9:00AM Open Gym 12:00PM Exercise 12:00PM Roundtable Discussion 6:00PM Exercise 6:30PM Sister Circle 6:30PM After Goodbye	7 Offices Closed for Staff Meeting	8 9:00AM Yoga 10:00AM Qigong-Tai Chi 10:00AM Connections: Mask Making
10 11:00AM Zumba 3:30PM Oral, Head & Neck Cancer Group 6:00PM Exercise 6:30PM Adults with Cancer Group 6:30PM Caregiver Group 6:30PM Welcoming Orientation 6:30PM Kidshop/Teenshop	11 10:00AM Yoga 12:00PM Exercise 1:00PM Core for More 1:00PM Art Therapy: Alcohol Inks 2:00PM Grief Group 6:00PM Finding Meaning 6:00PM Art Therapy: Alcohol Inks 6:00PM Yoga4Cancer 6:30PM Adults with Cancer Group 6:30PM Caregiver Group 6:30PM Grief Group	12 12:30PM Balance for Improved Function 6:30PM Demystifying Cancer Research	13 9:00AM Open Gym 12:00PM Exercise 6:00PM Exercise 5:15PM Prostate Partners Info Session 6:30PM Life After Cancer Group 5:15PM Prostate Partners' Partners 6:30PM Prostate Partners Group 6:30PM Coping with Childhood Cancer	14 11:00AM Whole Food Lifestyle Check-In 12:30PM Restorative Motion 2:00PM Aquatic Exercise: Principles	15 9:00AM Yoga 10:00AM Qigong-Tai Chi
17 11:00AM Zumba 12:30PM Back to Basics: With Bands 2:00PM Breast Cancer Group 2:00PM Physical Therapy Screening 6:00PM Exercise 6:30PM Adults with Cancer Group 6:30PM Caregiver Group 6:30PM Welcoming Orientation	18 10:00AM Yoga 12:00PM Exercise 1:00PM Core for More 5:15PM Prostate Partners' Partners 5:15PM Prostate Partners Info Session 6:00PM Yoga4Cancer 6:30PM Adults with Cancer Group 6:30PM Caregiver Group 6:30PM Metastatic Breast Cancer Group 6:30PM Prostate Partners Group 6:30PM Balance & Vertigo After Cancer 6:30PM Guided Meditation	19 11:00AM Grief: When Will It End? 12:30PM Balance for Improved Function 2:00PM Ovarian Cancer Group 3:00PM How to Talk About Cancer 6:30PM Putting Research Into Action Steps: Part 1	20 9:00AM Open Gym 12:00PM Exercise 6:00PM Exercise 6:00PM Horticulture Therapy: Topiary 6:30PM Gynecologic Cancers Group 6:30PM High Risk Breast Health	21 11:00AM Older Adults Group 12:30PM Restorative Motion 2:00PM Aquatic Exercise: Endurance	22 9:00AM Yoga 10:00AM Qigong-Tai Chi 12:00PM Physical Therapy Screening
24 11:00AM Zumba 6:00PM Exercise 6:30PM Adults with Cancer Group 6:30PM Caregiver Group 6:30PM Welcoming Orientation	25 10:00AM Yoga 12:00PM Exercise 1:00PM Core for More 3:30PM Pancreatic Cancer Group 6:00PM Yoga4Cancer 6:00PM Horticulture Therapy: Topiary 6:30PM Adults with Cancer Group 6:30PM Caregiver Group 6:30PM Grief Group	26 12:30PM Balance for Improved Function 6:30PM Putting Research Into Action Steps: Part 2	27 9:00AM Open Gym 12:00PM Exercise 6:00PM Exercise 6:00PM Fighting Fatigue with Fitness 6:30PM Young Adults Group 6:30PM Breast Cancer Group 6:30PM Colon Cancer in the Black & Brown Community	28 11:00AM Singing Bowls (Sound Bath) 12:30PM Restorative Motion 2:00PM Aquatic Exercise: Strength	29 9:00AM Yoga 10:00AM Qigong-Tai Chi

NOVEMBER

PROGRAM CALENDAR

ALL PROGRAM TIMES ARE EDT

CHECK PAGES 3-7 FOR PROGRAM LOCATION
AND VIRTUAL AVAILABILITY

ADVANCE REGISTRATION REQUIRED.

216-595-9546

TOUCHEDBYCANCER.ORG/CALENDAR



Scan the QR code with
your smartphone
camera to register for
our upcoming programs
and events.

MON	TUES	WED	THUR	FRI	SAT
11:00AM Zumba 6:00PM Exercise 6:30PM Adults with Cancer Group 6:30PM Caregiver Group 6:30PM Welcoming Orientation	10:00AM Yoga 12:00PM Exercise 1:00PM Core for More 6:00PM Yoga Series 6:30PM Adults with Cancer Group 6:30PM Caregiver Group 6:30PM Young Women with Breast Cancer 6:30PM Guided Meditation	12:30PM Balance for Improved Function 3:00PM Healthy Holiday Appetizers 6:00PM Healthy Holiday Appetizers 6:30PM Changing Thought Patterns	9:00AM Open Gym 12:00PM Exercise 6:00PM Exercise 6:30PM Sister Circle 6:30PM Gamma Knife Radiosurgery	12:30PM Restorative Motion 2:00PM Aquatic Exercise: Balance	9:00AM Yoga 10:00AM Qigong-Tai Chi 12:00PM Healthy Holiday Appetizers
11:00AM Zumba 5:30PM Myeloma Group: Fight Fatigue 6:00PM Exercise 6:30PM Adults with Cancer Group 6:30PM Caregiver Group 6:30PM Welcoming Orientation 6:30PM Bridges	10:00AM Yoga 12:00PM Exercise 1:00PM Core for More 2:00PM Grief Group 6:00PM Yoga Series 6:30PM Adults with Cancer Group 6:30PM Caregiver Group 6:30PM Grief Group	12:30PM Balance for Improved Function 6:30PM Cancer and Trauma-Informed Stress Coping	9:00AM Open Gym 12:00PM Exercise 6:00PM Exercise 5:15PM Prostate Partners Info Session 6:30PM Life After Cancer Group 6:30PM Prostate Partners Group 6:30PM Declutter Your Mind & Space	12:00PM Integrative Medicine 12:30PM Restorative Motion 2:00PM Aquatic Exercise: Deep Water	9:00AM Yoga 10:00AM Qigong-Tai Chi 10:00AM Connections: Book Folding
11:00AM Zumba 2:00PM Physical Therapy Screening 3:30PM Oral, Head & Neck Cancer Group 6:00PM Exercise 6:30PM Adults with Cancer Group 6:30PM Caregiver Group 6:30PM Welcoming Orientation 6:30PM Kidshop/Teenshop	10:00AM Yoga 12:00PM Exercise 1:00PM Core for More 5:15PM Prostate Partners Info Session 6:00PM Yoga Series 6:00PM Push & Pull: Exercise Simplified 6:30PM Adults with Cancer Group 6:30PM Caregiver Group 6:30PM Metastatic Breast Cancer Group 6:30PM Prostate Partners Group 6:30PM Guided Meditation	11:00AM Grief: When Will It End? 12:30PM Balance for Improved Function 2:00PM Ovarian Cancer Group 3:00PM How to Talk About Cancer 6:30PM Writing the Virtual Way	9:00AM Open Gym 12:00PM Exercise 6:00PM Exercise 6:30PM Young Adults Group 6:30PM Gynecologic Cancers Group 6:30PM Coping with the Holidays	Offices Closed for Staff Meeting	9:00AM Yoga 10:00AM Qigong-Tai Chi
11:00AM Zumba 2:00PM Breast Cancer Group 6:00PM Exercise 6:30PM Adults with Cancer Group 6:30PM Caregiver Group 6:30PM Welcoming Orientation	10:00AM Yoga 12:00PM Exercise 1:00PM Core for More 3:30PM Pancreatic Cancer Group 6:00PM Yoga Series 6:30PM Adults with Cancer Group 6:30PM Caregiver Group 6:30PM Grief Group	12:30PM Balance for Improved Function	Offices Closed for Thanksgiving Holiday	Offices Closed for Thanksgiving Holiday	Offices Closed for Thanksgiving Holiday
11:00AM Zumba 6:00PM Exercise 6:30PM Adults with Cancer Group 6:30PM Caregiver Group 6:30PM Welcoming Orientation	10:00AM Yoga 12:00PM Exercise 1:00PM Core for More 6:00PM Yoga Series 6:30PM Adults with Cancer Group 6:30PM Caregiver Group	12:30PM Balance for Improved Function 6:30PM Drumming for Health 6:30PM Surgical Treatment Updates: Breast Cancer Related Lymphedema			

DECEMBER

PROGRAM CALENDAR

ALL PROGRAM TIMES ARE EDT

CHECK PAGES 3-7 FOR PROGRAM LOCATION
AND VIRTUAL AVAILABILITY

ADVANCE REGISTRATION REQUIRED.

216-595-9546

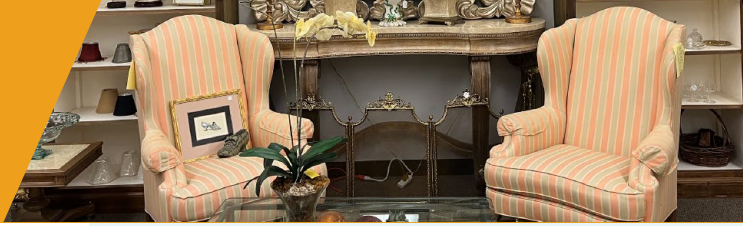
TOUCHEDBYCANCER.ORG/CALENDAR



Scan the QR code with
your smartphone
camera to register for
our upcoming programs
and events.

MON	TUES	WED	THUR	FRI	SAT
			9:00AM Open Gym 12:00PM Exercise 1:00PM Coping With Holiday Grief 6:00PM Exercise 6:30PM Sister Circle 6:30PM Flat & Happy Book Event 6:30PM Gift of Touch	12:30PM Restorative Motion	9:00AM Yoga 10:00AM Qigong-Tai Chi
11:00AM Zumba 2:00PM Physical Therapy Screening 6:00PM Exercise 6:30PM Adults with Cancer Group 6:30PM Caregiver Group 6:30PM Welcoming Orientation 6:30PM Bridges	10:00AM Yoga 12:00PM Exercise 1:00PM Core for More 6:00PM Yoga Series 6:30PM Adults with Cancer Group 6:30PM Caregiver Group 6:30PM Young Women with Breast Cancer 6:30PM Guided Meditation	12:30PM Balance for Improved Function 6:30PM Stained Glass Art Project	9:00AM Open Gym 12:00PM Exercise 5:15PM Prostate Partners Info Session 6:00PM Exercise 6:30PM Life After Cancer Group 6:30PM Prostate Partners Group 6:30PM Young Onset Colon Cancer	12:30PM Restorative Motion	9:00AM Yoga 10:00AM Qigong-Tai Chi 10:00AM Connections: Making Music 2:30PM Cleveland Dance Project
11:00AM Zumba 3:30PM Oral, Head & Neck Cancer Group 6:00PM Exercise 6:30PM Adults with Cancer Group 6:30PM Caregiver Group 6:30PM Welcoming Orientation 6:30PM Kidshop/Teenshop	10:00AM Yoga 12:00PM Exercise 1:00PM Core for More 2:00PM Grief Group 6:00PM Yoga Series 6:30PM Adults with Cancer Group 6:30PM Caregiver Group 6:30PM Grief Group	12:30PM Balance for Improved Function 3:00PM How to Talk About Cancer 6:30PM Stained Glass Art Project	9:00AM Open Gym 12:00PM Exercise 6:00PM Exercise 6:30PM Gynecologic Cancers Group	11:00AM Older Adults Group 11:00AM Singing Bowls (Sound Bath) 12:30PM Restorative Motion	9:00AM Yoga 10:00AM Qigong-Tai Chi 12:00PM Physical Therapy Screening
11:00AM Zumba 2:00PM Breast Cancer Group 6:00PM Exercise 6:30PM Adults with Cancer Group 6:30PM Caregiver Group 6:30PM Welcoming Orientation	10:00AM Yoga 12:00PM Exercise 1:00PM Core for More 5:15PM Prostate Partners Info Session 6:00PM Yoga Series 6:30PM Adults with Cancer Group 6:30PM Caregiver Group 6:30PM Metastatic Breast Cancer Group 6:30PM Prostate Partners Group 6:30PM Guided Meditation	11:00AM Grief: When Will It End? 12:30PM Balance for Improved Function 2:00PM Ovarian Cancer Group	9:00AM Open Gym 12:00PM Exercise 6:00PM Exercise 6:30PM Breast Cancer Group	Closed for Christmas Holiday	Closed for Christmas Holiday
Closed for Christmas Holiday	Holiday Office Hours 10:00AM-3:00PM Call for support, 216-595-9546	Holiday Office Hours 10:00AM-3:00PM Call for support, 216-595-9546	Holiday Office Hours 10:00AM-3:00PM Call for support, 216-595-9546	Closed for New Year's Holiday	Closed for New Year's Holiday

THE GATHERING PLACE MONTHLY WAREHOUSE SALES



Did you know that TGP operates two used furniture warehouse sales in Warrensville Heights (East) and Westlake (West)? Our volunteers make this all possible by donating time their time and effort. From arranging donated furniture pick up to the staging of and selling of the furniture, our volunteers make The Gathering Place Warehouses possible.

We are selective with the furniture, accessories, artwork, and jewelry accepted. The donated items are previewed first and must be aesthetically pleasing to move quickly. The warehouses rely solely on donated used, high-quality items for us to resell.

The proceeds collected during our sales benefit The Gathering Place's mission. The mission of The Gathering Place is to support, educate and empower individuals and families currently coping with the impact of cancer in their lives through programs and services provided **free of charge**.

Thanks to our very generous community, merchandise is always changing, and every shopping experience is incredibly unique. Visit one of our two locations in Warrensville Heights and Westlake to see our exceptional selection of resale furnishings.

LOCATIONS

THE GATHERING PLACE WAREHOUSE EAST

(Located off Miles Road)
4911 Commerce Pkwy
Warrensville Heights, OH 44128

THE GATHERING PLACE WAREHOUSE WEST

25425 Center Ridge Rd.
Westlake, OH 44145

For more information, about our upcoming sales visit www.touchedbycancer.org or to donate contact our Manager, Partnership Development & Warehouse Sales at 216-399-2097.

To learn more email us at TGPWarehouse@touchedbycancer.org for updates and photos of upcoming sales.

COMMUNITY BASED FUNDRAISERS

We are grateful for the many community groups, organizations and individuals who approach The Gathering Place wanting to raise money to support our mission. In addition to the money we receive, each of these community-based fundraising events introduces new people to The Gathering Place.

If you would like to host or organize a fundraising event, contact:

Jill Schwartz at
schwartz@touchedbycancer.org
or 216-455-1526.

WAYS TO *give.*

Our mission at The Gathering Place is to support, educate and empower individuals and families currently coping with the impact of cancer in their lives through programs and services. One of the things that sets The Gathering Place apart is that everything we offer is completely free of charge, thanks to the generous support of our donors. You can ensure that others are able to have this invaluable resource on their journey by making a gift today.

Find out more at touchedbycancer.org/donate.





THE GATHERING PLACE

The Arnold & Sydel Miller Family Campus
23300 Commerce Park,
Beachwood, Ohio 44122

Non-Profit Org.
U.S. Postage
PAID
Cleveland, OH
Permit #769

INSIDE!

PROGRAM GUIDE

Fall Edition

OCTOBER • NOVEMBER • DECEMBER



FACING CANCER • EMBRACING LIFE



The Gathering Place's mission is to provide a caring community that supports, educates and empowers individuals and families currently coping with the impact of cancer through programs and services

provided free of charge.

WAYS TO CONNECT

216-595-9546
touchedbycancer.org



SafeZone
LCBT
COMMUNITY
CENTER
GREATER CLEVELAND

TGP EAST

The Arnold & Sydel Miller Family Campus
23300 Commerce Park
Beachwood, Ohio 44122

TGP WEST

The Sandy Borrelli Center
25425 Center Ridge Road
Westlake, Ohio 44145