



Whether you or someone you love has been diagnosed with cancer. *We Can Help.*



Individual Services, Support Groups & Programs

A SAFE SPACE TO SHARE, CONNECT & BUILD COMMUNITY

- Group and individual support services
- Expert led education sessions
- Art, meditation and music programs
- Reiki and reflexology
- Wig services



Nutrition

TO SUPPORT HEALTH BEFORE, DURING, & AFTER TREATMENT

- Healthy cooking classes and recipes
- Evidence based nutrition and cancer care topics
- Individual nutrition consultation



Movement/Exercise

OPEN TO ALL FITNESS LEVELS

BENEFITS CAN INCLUDE REDUCING STRESS, IMPROVING SLEEP, MENTAL HEALTH & PHYSICAL FUNCTION

- Health and fitness screening
- Strength training
- Group exercise
- Yoga and Tai Chi
- Gentle movement classes



Children, Teens & Family

BUILD RESILIENCY & COPING SKILLS THROUGH AGE-APPROPRIATE SUPPORT

- Programs and support for families when a child, teen or an adult loved one has cancer
- Family consultation and support
- Tips for having difficult conversations
- Social events
- Summer day camp
- Grief support



Young Adults (AGE 18-45)

SUPPORT FOR THE UNIQUE CHALLENGES ALONG THE CANCER JOURNEY

- YA specific support groups and program topics
- Community building and social events



Resources & Information

CONSULTATION & COMPREHENSIVE RESOURCES

- Understanding your diagnosis in medical terms
- Help navigating legal and financial concerns
- Lending library
- Questions to ask your healthcare provider
- End-of-life care planning

FREE IN-PERSON & ONLINE CANCER SUPPORT

Connect with Us

**CALL 216-455-1507
OR SCAN HERE FOR SUPPORT**



THE GATHERING PLACE EAST

The Arnold & Sydel Miller Family Campus
**23300 Commerce Park
Beachwood, Ohio 44122**

THE GATHERING PLACE WEST

The Sandy Borrelli Center
**25425 Center Ridge Road
Westlake, Ohio 44145**